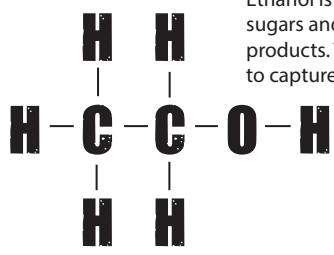


FACT AND FICTION:

Alcohol that is consumed is called ethanol or grain alcohol. Ethanol is created by yeast, a microorganism, which eats the sugars and produces ethanol and carbon dioxide as waste products. This process is called fermentation. Brewers attempt to capture ethanol and create alcoholic beverages.



Ethanol is a volatile, flammable, colorless liquid. It is classified as a depressant.

Addiction Profile:

Alcoholism has four main stages: Early or First Stage, Second Stage, Third Stage, and Late or Fourth Stage.

First Stage:

- An increased tolerance to alcohol.
- Drinking more often and in larger amounts.
- Actively seeking out activities to drink.
- A reckless or "big shot" complex.
- Blindness to the growing problem drinking is causing.
- Stress upon social, family, and professional relationships.

Second Stage:

- Drinking is apparent.
- Blackouts/Loss of control.
- Can't stop drinking.
- All problems get more severe.
- Gulping drinks to feel effects faster.
- Social and work life becomes seriously affected.

Third and Fourth Stages:

- Severe depression.
- Suicide risk.
- Severe withdrawal symptoms (shaking, vomiting, hallucinations).
- Benders, or periods of lengthy intoxication.
- Continual loss of control over behavior.
- Resentment and hostility toward others.
- Complete loss of financial, family and social stability.

ETHANOL

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Addiction Rank: 6th

Harmfulness: 5th

Description: A volatile colorless liquid created through a fermentation process.

Side Effects: dehydration, dizziness, nausea, irritability, loss of decision-making abilities, coma, and death.

Body Damage:

Brain - Atrophy (This means your brain actually wastes away! Yikes!)

Heart - Can make your heart bigger and thins the walls

Liver - Cirrhosis and Hepatitis

Stomach / Digestive System - Ulcers and increased cancer risk

Ethanol = beer, wine, liquor, wine coolers