

STOP BULLYING

Sometimes we tease our friends playfully, but when does it go too far? When does playful teasing become taunting? Teasing and taunting both involve making fun of someone, but taunting is mean and one-sided.

TEASE VS. TAUNT

Is it a Tease or a Taunt when...

(Circle One)

- if offended, the teaser doesn't stop **Tease / Taunt**
- I tease someone I know, who can and will say things back..... **Tease / Taunt**
- only the teaser laughs **Tease / Taunt**
- someone is upset, the teasing stops **Tease / Taunt**
- it is not playful and directed at someone you do not know well **Tease / Taunt**
- in a group, everyone laughs, even the one who is teased **Tease / Taunt**

REVIEW ONLY

Cruelty: To harm another who has no means of defense for pleasure.

Goad: To continuously torment another in order to get a reaction.

Target: A person who a bully often feels out as a victim.

Teasing: Tormenting another in an often clever but cruel way.

Manipulation: The act of dishonestly influencing others for personal advantage.

Fear: The emotion that holds bystanders away from helping a victim.

Bully: An individual who regularly menaces others for personal gain.

DO NOT SUBMIT FOR PRINT

Jealousy: A feeling of resentment towards someone because of that person's success or advantages. Bullies often bully other people because they are jealous of them.

Victim: A person who has been bullied.

Ashamed: The feeling we get when we wish we had done something differently.

Indirect Bullying: The spreading of rumors, gossip, or anonymous actions that are meant to hurt another person.

Cyber Bullying: Using the internet to bully - text messages, unpleasant e-mails, Twitter and Facebook postings, etc. to damage someone's reputation.

Anger: An emotion we feel when bullied. Also an emotion that leads to bullying.

REMEMBER:

It's not your fault. It's the bullies that have the problem, not their targets. Speak out, get help. You deserve to be respected and not tormented.

