

SAINTS INSPIRE US

Stories of effort, struggle, leadership, compassion and good works mark the lives of those who have been ordained Catholic saints. Their stories richly detail examples for our own lives.

St. Martin de Porres, for example, was a Dominican friar known for his love of animals. He even operated a pet hospital from his sister's home.

St. Angela, too, saw a need—education for girls, and she set about providing learning opportunities for girls and women.

St. Ambrose was an attorney, known for his peace-making skills.

St. Catharine of Siena was skilled in writing and illustration. As a member of the Dominican order, she illustrated manuscripts and wrote a book herself.

Their lives are stories of courage and application of their talents to make the world a better place. And these are just a sampling of the saints we can read about and learn from.

ALL SAINTS' DAY — Each November 1, the Catholic Church celebrates All Saints' Day. This year, learn more about your namesake, a family member's or a friend's. You're sure to discover an amazing saint and inspiration for your life!

**DO NOT SUBMIT
FOR PRINT**

"The saints have always been the rock and oasis of strength in the most difficult moments in the Church's history."

— Pope John Paul II

W LEARN FROM THEM —

hat better model for your life than one of the saints? Besides lessons for living, their stories will energize you, too.

Some close-to-home saints you might want to explore more about:

- ~ Frances Xavier Cabrini, the first U.S. citizen to be canonized

- ~ Katherine Drexel, who founded the Sisters of the Blessed Sacrament and invested her inheritance in missionary work
- ~ Mother Theodore Guerin, who founded the Sisters of Providence of St. Mary of the Woods in Indiana
- ~ Elizabeth Ann Seton, the first American-born saint

