

# A SEASON OF HOPE



The first Sunday of Advent is New Year's Day in the Catholic Church, when we begin a new cycle of the liturgical year. The Advent season begins four Sundays before Christmas.

**A TIME FOR JOY** – The word "Advent" comes from the Latin word for "arrival" or "coming," signaling the coming of the birth of Jesus Christ on Christmas Day.

**REVIEW ONLY**

Joy is abundant during Advent as we anticipate Christmas. To prepare, we focus on readying ourselves for this wonderful gift.

**A NEW BEGINNING** – It's a time for contemplation and renewal, a time to anticipate a new beginning.

A time of hope.

School Datebooks

"It is the beautiful task of Advent to awaken in all of us memories of goodness and thus to open doors of hope."

– Pope Benedict XVI

**DO NOT SUBMIT FOR PRINT**

## YOUR ADVENT TRADITIONS

What advent traditions do you follow?  
What might you add this year?

- Lighting an Advent wreath
- Contemplating a special reading before Sunday dinner
- Bringing hope to others through a helping hand
- Inviting relatives to join you for a meal during this season
- Others:

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ADVENT