

# GEOGRAPHY *U.S. & Canada time zones*



ALASKAN TIME ZONE



PACIFIC TIME ZONE



MOUNTAIN TIME ZONE



CENTRAL TIME ZONE



EASTERN TIME ZONE



ATLANTIC TIME ZONE

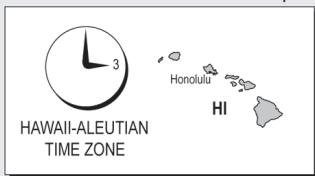


NEWFOUNDLAND TIME ZONE

**REVIEW ONLY**

School Datebooks

**DO NOT SUBMIT FOR PRINT**



HAWAII-ALEUTIAN TIME ZONE

Note: Arizona, Hawaii and Saskatchewan; and parts of British Columbia and Quebec do not observe daylight-saving time.