

RESPECT

Respect in Your World

Early on we learn when to say “please” and “thank you,” but showing respect isn’t always clear cut. What kinds of words and actions convey respect when:

- Some of your friends are teasing the new kid at school and giving him a hard time?
- You disagree with the grade you received on an essay?
- You attend your younger sibling’s school talent show?
- A classmate you don’t know bumps into you in the hallway?

What’s Your Take?

- Bullies use threats and intimidation to get “respect.” Is that really respect, or is it fear? Can violence be used as a means to get respect?
- Do teachers, principals, coaches and other adults in leadership roles automatically warrant respect? Why or why not?
- When was the last time you were disrespectful to someone else? What was the other person’s reaction?
- How do you feel when someone is disrespectful to you?
- What can you do to make your school environment more respectful? What about your home?
- How were you respectful toward someone else today?
- How did you show respect for yourself today?

REVIEW ONLY

School Datebooks

Me First

You’ve probably heard the saying that you have to be a friend to someone else if you want to befriend you. It’s true! Use the following exercise to build your self-respect.

DO NOT SUBMIT FOR PRINT

I excel at _____

I’m a good _____

I’m proud of my ability to _____

I can teach others how to _____

My favorite thing about me is _____

“If you want to be respected by others the great thing is to respect yourself.”

—FYODOR DOSTOYEVSKY

