

# A SEASON OF HOPE



The first Sunday of Advent is New Year's Day in the Catholic Church, when we begin a new cycle of the liturgical year. The Advent season begins four Sundays before Christmas.



ADVENT

**A TIME FOR JOY** – The word “Advent” comes from the Latin word for “arrival” or “coming,” signaling the coming of the birth of Jesus Christ on Christmas Day.

Joy is abundant during Advent as we anticipate Christmas. To prepare, we focus on readying ourselves for this wonderful gift.

**A NEW BEGINNING** It's a time for contemplation and renewal, a time to anticipate a new beginning. A time of hope.

**REVIEW ONLY**

School Datebooks

“It is the beautiful task of Advent to awaken in all of us memories of goodness and thus to open doors of hope.”

– Pope Benedict XVI

**DO NOT SUBMIT  
YOUR ADVENT TRADITIONS  
FOR PRINT**

What advent traditions do your family follow?

What might you add this year?

- Lighting an Advent wreath
- Contemplating a special reading before Sunday dinner
- Bringing hope to others through a helping hand
- Inviting relatives to join you for a meal during this season
- Others:

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