

# GEOGRAPHY *U.S. & Canada time zones*



ALASKAN  
TIME ZONE



PACIFIC  
TIME ZONE



MOUNTAIN  
TIME ZONE



CENTRAL  
TIME ZONE



EASTERN  
TIME ZONE

**REVIEW ONLY**

School  
Datebooks

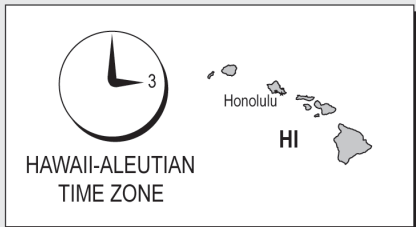


ATLANTIC  
TIME ZONE



NEWFOUNDLAND  
TIME ZONE

**DO NOT SUBMIT  
FOR PRINT**



HAWAII-ALEUTIAN  
TIME ZONE

Note: Arizona, Hawaii and Saskatchewan; and parts of British Columbia and Quebec do not observe daylight-saving time.