

FACT AND FICTION:

Substances and your body

Illegal Drugs...

...are **dangerous to you and those around you.** Illegal drugs can cause drastic changes in a user's ability to live a normal life. Illegal drugs are always a negative equation. They do nothing but take from the user, a user's family and friends, and from the community at large. If you or someone you know is a user, get help now!

...can cause **irreversible damage to the mind and body.** For example, cocaine can bring on strokes and seizures, even in young people. Nine percent of Marijuana users become addicted. Our bodies are fragile. Don't risk your future. This is not a game.

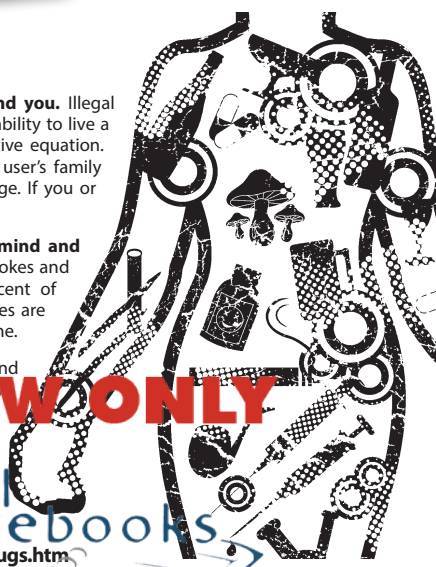
...can land you in the **slammer!** The food and lack of sunlight has to be made up for quickly. But in all seriousness, cocaine can be a second or third stay with you forever. Don't let illegal drugs take future opportunities away from you. It's never worth it!

REVIEW ONLY

School Datebooks

Learn More At:

www.drugalcohol-rehab.com/illegal-drugs.htm



COCAINE



DO NOT SUBMIT FOR PRINT

Addiction Rank: 2nd

Harmfulness: 2nd

Description: A colorless or white crystalline alkaloid extracted from coca leaves.

Side Effects: Sudden surges in blood pressure, constriction of the vessels in the body, elevated heart rate, reduction in appetite, increased body temperature, paranoia, irritability, restlessness, auditory hallucinations, mood disturbances.

HEROIN



Addiction Rank: 1st

Harmfulness: 1st

Description: A white, odorless, bitter crystalline compound that is derived from morphine and is a highly addictive narcotic.

Side Effects: Fatal overdose, possible contraction of HIV/AIDS, collapsed veins, Hepatitis, liver disease, infection of the heart lining and valves, constricted pupils, nausea, and respiratory depression, which in extreme cases may result in death.

Drug Cards:

These are substance cards. They let us know what a substance is and the harm it causes. *Can you make your own?*